



# Official GO for the championship by ILSE

At the board meeting on Cyprus in the beginning of May the ILSE board nominated KNBRD officially to organize the 2009 EJC Life Saving. Of course we are more than happy to welcome European national junior teams to The Netherlands again. You may have noticed that preparations were already on their way. Now the official invitation has been sent by the ILSE secretariat to all member federations. SO JOIN!! Visit our website and download the entry form. In case of any questions, please use our email contact addresses. Pick your address according to your question. We will answer you within 5 working days.

## Partners

Last year the Ministry of Defence was a reliable and big partner. They are going to support us again in logistics. This is a major support to our project. The City of Eindhoven supports the competitions with a financial contribution and also 'de Haagse Brug' made a financial contribution to support our PR and communication at this EJC. We hope to find more partners to make this EJC 2009 as big a success as last year's EJC. This year we will also work together with Thomas Zachert and his firm Wetiz Life Saving Equipment for our equipment pool at the open water competitions.

## Contact

You can contact us by email:

On general subjects:

[general@ejc2009.nl](mailto:general@ejc2009.nl)

On hospitality / logistics questions:

[logistics@ejc2009.nl](mailto:logistics@ejc2009.nl)

Questions on entries:

[administration@ejc2009.nl](mailto:administration@ejc2009.nl)

## Hospitality

The package deal for your board and stay was published in the May newsletter (see more details on the website). When you book before the 1<sup>st</sup> of August we will offer you the prices mentioned in that newsletter. After that date unfortunately we will have to charge you more. So be quick and just let us know the number of people that will be in your delegation and that will use our special deal including rooms, all transport and all meals.



## Welcome

We welcome you to the city of Eindhoven. A modern city with industry and a lot of service companies. Eindhoven is situated in the southern province of Noord-Brabant at a crossroads of motorways which connect the city with Belgium, Germany and the North of The Netherlands. Good railway connections and a regional international airport make Eindhoven easy to reach. DAF trucks, the Philips company but also a design academy and a technical university make Eindhoven to a lively and modern city.



For the open water competitions we will make a visit to the town of 'Eersel'. This village is also called the 'pearl of Brabant'. It has a relaxed village atmosphere and a

great town centre where you can enjoy the good life.

We hope you will feel welcome in The Netherlands at the EJC 2009.



## Programme

We published the programme of the championships in the May newsletter. You may have noticed that this is the new compact programme to which the ILSE board said 'yes' in their meeting on Cyprus. One event is totally new to

European Championships. The Run-Swim-Run substitutes the Surf Race. The official description of this event can be found in the ILS rule book (chapter 5.9). But we will use the back side of this newsletter to copy in that part of the rule book and give you a complete description of this event.

In the mean time we are very busy to present to you a short and spectacular opening ceremony and also a nice and friendly closing party. So you can imagine the hospitality workgroup is busy making you stay at the championship nice and memorable.





## Event description

### 5.9 RUN – SWIM – RUN

From the start line, competitors run to pass around the turning flag and enter the water to swim out to and around the buoys. Competitors swim back to the beach to again run round the turning flag before running to the finish line.

#### The course

As shown in the following diagram, the course shall be laid out so that competitors run approximately 200 m, swim approximately 300 m, and run approximately 200 m to finish.

#### Judging

Competitors must finish on their feet in an upright position. The finish is judged on the competitor's chest crossing the finish line.

Judges shall be placed to observe the conduct of the event as well as determine competitors' place at the finish line.

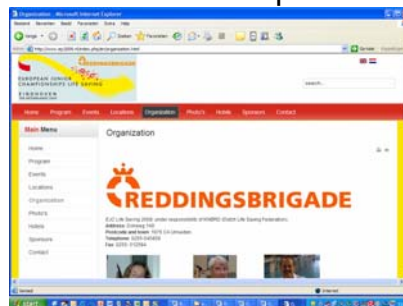
#### Disqualification

In addition to the General Rules in Section 3 and those outlined in 5.1 through 5.3, the following behaviour shall result in disqualification:

- i) Failure to complete the course as defined and described.

## Website

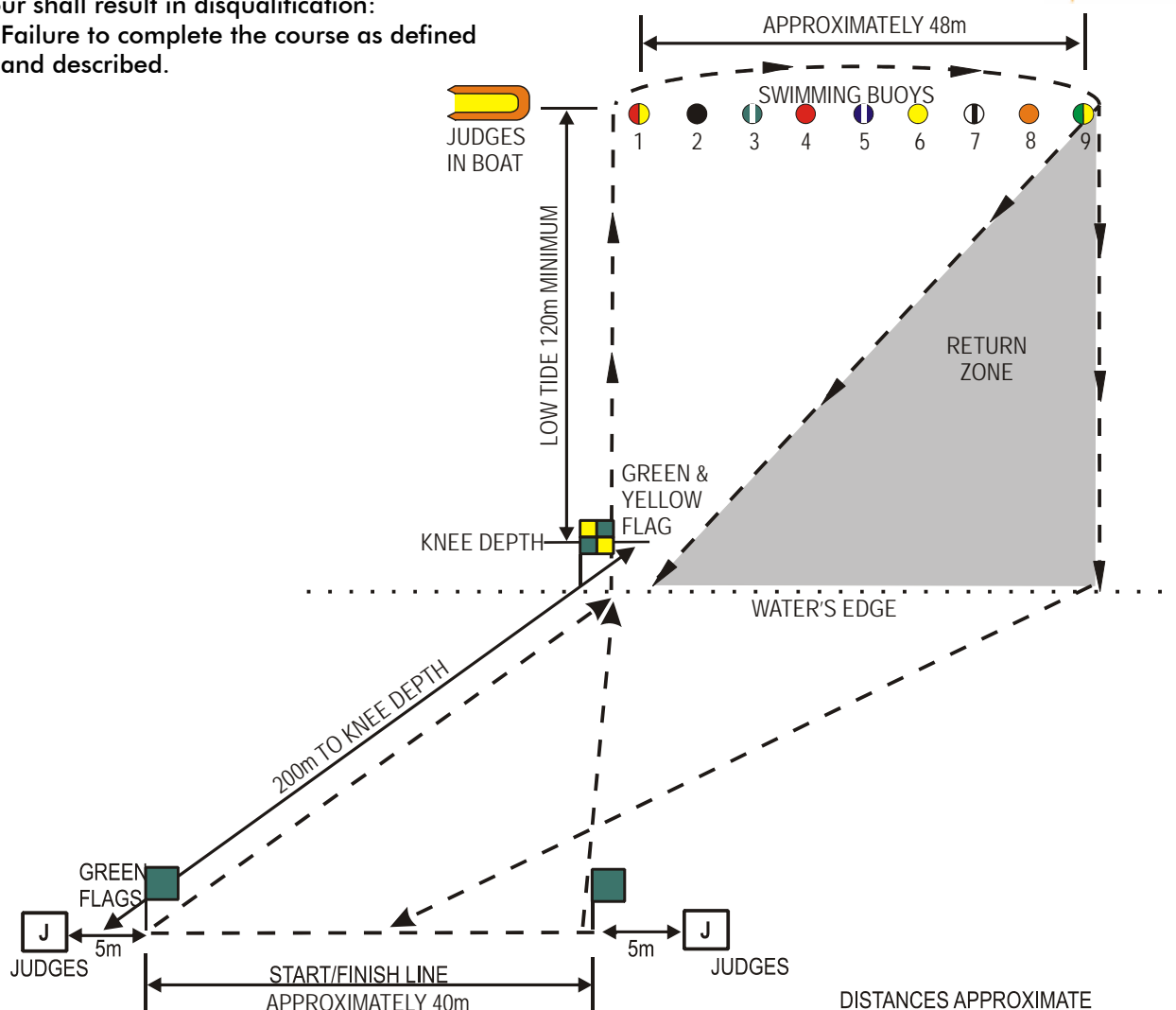
Visit our website for up to date information.



[www.ejc2009.nl](http://www.ejc2009.nl)



Defensie



DISTANCES APPROXIMATE

