



# EJC 2009 application by The Netherlands

The Dutch Life Saving Federation (KNBRD) has sent an application to the ILSE board. The Netherlands wants to be the host of the EJC in 2009. After a successful championship in 2008 and no other federation to host the 2009

edition, we welcome national junior life saving teams again. For this years' edition we chose the city of Eindhoven as host town. We already will start to send you information. And our website will soon have all necessary information. Of course we hope that all teams present at the 2008 edition will come again and many more will join.

## Your stay

At the 2008 EJC the teams were very happy with the hotels we chose and all the facilities we offered. For the EJC 2009 we will offer the same package deal: very good hotel room, a great breakfast and dinner in the hotel (with a great choice of food), a lunch package every day and all transport (including transport form and to the airport when you arrive by plane). Just ask a team that was present last year and you will hear you can't do any better. The hotel will be 'Hotel Eindhoven', close to the swimming stadium in the south of Eindhoven.



You can book the whole package with us. Soon there will be more information on our website. The price of this package will surprise you!

## Programme

In the meeting of the ILSE Sports Commission, January 2009, a new programme for the future EJC's was made. The board will decide on this proposal for a compact EJC in May 2009. The



acceptance of this proposal is important for our organization. We want to have a compact EJC. This means a SERC, 4 individual and 3 team events in the pool and 3 individual and 2 team events in open water.

## This is our draft programme:

Thursday 3 September

Arrival of delegations

Friday 4 September

Arrivals, Training, Opening Ceremony, SERC

Saturday 5 September

Pool Events

Sunday 6 September

Open Water Events, and Closing Party

Monday 7 September

Departures.



## SERC

Right after a spectacular Opening ceremony the SERC will take place in the 'Pieter van den Hoogenband Swimming Stadium' in Eindhoven.



This incident competition for mixed teams will be a point scoring event. A good chance for teams to show how well they can act and improvise in a set incident.

## Pool Events

Again the 'Pieter van den Hoogenband Swimming Stadium' is the place to be for the Pool Events of this years' EJC. The following Events will be in this part of the championship:

50m manikin carry

100m manikin carry with fins

100m combined rescue medley



## European Junior Championships Life Saving 2009

100m manikin tow with fins  
4 x 25m manikin carry  
4 x 50m rescue medley relay  
Line Throw.



The swimming stadium has a 10 lane Olympic size swimming pool and right next to is an 8 lane 25m swimming pool for warming up. With electronic timing we will time every new European record.

### Open Water Events

For a compact championship you don't want to travel to much and to far. About 10 minutes from the hotel by the motorway you can arrive at the 'E3 strand'.

This is an artificial lake of about 1,5 km in length which will be the location for the Open Water Events:

Beach Flags  
Board Race  
Run-Swim-Run  
Rescue Tube Race  
Board Rescue Race.

There will be spectacular races in a fantastic accommodation with all facilities present.



### Project Team

A project team of 3 members will manage the EJC 2009. Project manager is Jolanda van Dalen, board member for Sport in The Netherlands and member of the ILS Sports Commission. Nico Laumen (National Coach of the Dutch Life Saving Team, member of the KNBRD Sports Commission) is responsible for Open Water Events. Bob Dekkers (President ILSE Sports Commission, member of the KNBRD Sports Commission) is responsible for the SERC and Pool Events.

Two Working groups (Competitions and Logistics) will assist the Project Group.

### Website

All information will be on our special EJC website:

[www.ejc2009.nl](http://www.ejc2009.nl).

Soon, after the official nomination you will find preliminary entry forms and booking forms for the special package (hotel, food and transport).

Visit our website for up to date information.

We hope to welcome you from 4-6 September!

