

The Netherlands ready for 'second time'

Reddingsbrigade Nederland (KNBRD) is ready for the 2009 EJC. 'We're looking forward to welcoming life saving teams from European nations next September,' says Jolanda van Dalen. Jolanda is board member for sport and project manager for the EJC 2009. Jolanda: 'We hope that all the teams that joined the 2008 EJC will be back for another exiting championship. We also hope that last years success draws some other teams to the 2009 edition. And



we are ready for it.' The project team is assisted by a trainee from the 'Fontys' sports academy. It is Peter Linssen who will work on a daily basis for the championship. He started working on April 20 and will

put a lot of effort and quality into the project. Peter is a fanatic football player who is active in this for 4 – 5 days a week. For his final assignment in the sports academy he looked for a project that stood close to his field of study: 'Sportive recreation and sport stimulation'. Peter will be fully active for the EJC 2009 on: web site, PR/Communication, merchandising, and other fields.

To assist the project group there are two working groups that have become active in the middle of April. This completes a simple and direct organization to make a compact and within budget organization of the EJC 2009 possible.



You can contact us by email:

On general subjects: <u>general@ejc2009.nl</u> On hospitality questions: <u>hospitality@ejc2009.nl</u> Questions on entrees: <u>administration@ejc2009.nl</u>



EUROPEAN JUNIOR CHAMPIONSHIPS LIFE SAVING EINDHOVEN

Hospitality

We would like you have the best in hospitality during the EJC 2009. That is why we contracted the same hotel firm as last year. It is the 'Van der Valk' company. We have reserved rooms in 'Hotel Eindhoven' which is situated in the south of Eindhoven. This hotel is on walking distance from the Swimming stadium and about 15 minutes on the motorway to the E3 lake.



Special Package Deal

We offer all teams a special deal that includes a very good hotel room, breakfast and dinner in the hotel and a lunch at your day location. Also included is all transport from your arrival until your departure. The price of this special deal is \in 75,- (per person per day, in a 2 or 3 person hotel room). For a single room the price is \in 120,-. You can book this deal from now on. Download the entry

form from our internet page and book in advance. The offer is until 1 August 2009. After that the price will go up. We don't need exact names yet, just the number of people and the rooms requested.

Recommended airports

Our special transport offer will ensure you to be picked up wherever you arrive. Budget flights are available to Eindhoven airport and Weeze airport. (Weeze is about 60 km from Eindhoven and is just across the German border.) Major airlines fly to Schiphol (Amsterdam) airport. As soon as we have received your flight details we will plan to pick you up at the airport. Teams that arrive by train will be picked up at Eindhoven Central train station. When you arrive your EJC 2009 identity card will be ready in our EJC office in the swimming stadium. After that we will take you to the hotel so that you can get settled for the championship.

European Junior Championships Life Saving 2009



Programme

Teams can arrive on 3 and 4 September. We prefer you to arrive on the 3rd of September so that you can take part in the planned training sessions on September the 4th. **Training sessions**

EUROPEAN JUNIOR

EINDHOVEN THE NETHERLANDS 2009

On Friday the 4th of September there are pool and open water training sessions. Each session is 2 hours.

At 9.00 and 11.00 there are sessions in the pool. After that we will prepare the pool for the opening ceremony. At 12.00 and 14.00 there are training sessions on the lake for open water events. A special bus service will bring you from the pool to the lake and in the bus you will receive your packed lunch. Opening Ceremony

Teams will be transported from 19.00h. to the swimming stadium. At 19.30h. a special opening ceremony will start that will be short and surprising.



<u>SERC</u>

Immediately after the opening ceremony the incident competition will start. Team members that take part in the SERC will be escorted from the opening ceremony to the isolation area in time.



Pool Competitions

The direct finals for the pool events on Saturday 5 September will take place in the 'Pieter van den Hoogenband swimming stadium'. In this pool competition we will have 4

individual events: 50m manikin carry; 100m manikin carry with fins; 100m rescue medley; 100m manikin tow with fins; and 3 team events: 4 x 25m manikin relay; 4 x 50m rescue medley relay; line throw. Using the electronic timing equipment and all the other state of the art facilities in the swimming stadium, this shall be a top event with new European records.



Open Water Competitions

In this EJC there will be the following spectacular events: Run-Swim-Run; Board Race; Beach Flags; Rescue Tube Race; Board rescue Race. On the Sunday September 6th in the EJC schedule the heats and finals of this part of the championship will be run. We will be in an artificial lake called the 'E3 strand'. Good beach conditions and clear water will be there, but no currents and waves.

Website

Visit our website for up to date information.







www.ejc2009.nl