



Distribution List:

ILSE Member Federations
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ILSE Sports Commission
Interclub Teams

EUROPEAN LIFESAVING CHAMPIONSHIP –ALICANTE 2011

Invitation

Dear friends,

With this letter we kindly invite you to the European Lifesaving Championships 2011, which will take place in Alicante from 15th to 23rd of September 2011.

This event consists of

- the 15th European Championships for the National Teams
- the 3rd European Championships for Interclubs

Website

You can find more information about this Championship in our website www.fess.es or www.lifesaving2011.es

Program

National Teams

Briefing / Opening Ceremony
Stillwater Competitions

Open Water Competitions

Closing Party

Interclubs

Briefing / Opening Ceremony
Stillwater Competition

Openwater Competitions

Closing Party

Thursday 15th September 2011
Thursday 15th September 2011 (SERC)
Friday 16th September 2011
Saturday 17th September 2011
Sunday 18th September 2011
Monday 19th September 2011
Monday 19th September 2011

Monday 19th September 2011
Monday 19th September 2011 (SERC)
Tuesday 20th September 2011
Wednesday 21st September 2011
Thursday 22nd September 2011
Friday 23rd September 2011
Friday 23rd September 2011



Venues

The competitions will take place in Alicante as follows:

- Pool events: in the 8x50m outdoor competition pool "Monte Tossal", placed in the city of Alicante
- Ocean events: in "El Postiguet Beach" –Cocó Area- placed in Alicante

Rules

The European Championships 2011 will be conducted according to the

- [ILSE Competition Rulebook Version 7.02](#)

The rules are also published on the ILSE website: www.ilseurope.org

Registration

For participation, please return the **Preliminary Forms** by e-mail or fax to the office of the organizing committee for the European Championships at the FESS Headquarters as soon as possible but latest **before 15th June 2011 and the Final Entry Forms before 18th August 2011**

RFESS

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28703 San Sebastián de los Reyes - Madrid - Spain

Marta Cuetos

Phone: +34 91 725 22 34

Fax: +34 91 356 47 71

e-mail: deporte@fess.es

Entries

The entries must be endorsed by the national federations. They guarantee for the eligibility to compete and for the correctness of the entry times gained within the last 12 month. For the Interclub Championships the organizing committee will set qualification times for the Stillwater events, so that it will be possible to run the pool events on two days. The qualification times are published in our above mentioned website.

According to the anti-doping rules each competitor of a National Team has to be registered by WADA at the first day of competition. Not or later registered competitors are not eligible to compete.

With the entries to the 18th August 2011 all participants are asked to send a digital photograph for the identity cards to the organizing committee.



Accommodation

The official travel agency has blocked rooms in several hotels in Alicante. We believe that it is the best option and cheaper. Teams that book the accommodation through the official travel agency will have shuttle services

Participation costs

Entry Fees

Entry fees have to be charged to participate in the European Championships. The fee must be paid until 18th August 2011 to the account of the organizing committee. The fees for the European Championships 2011 are for

- National Teams: 200 Euro per team + 50 € per athlete
- Interclub Teams: 150 Euro per team + 50 € per athlete

Please pay to the account of the organizing committee:

Account Number: 0065 1260 02 0001009894

Bank: BARCLAYS BANK

IBAN: ES21 65 1260 0200 0100 9894

BIC (SWIFT): BARCESMM

Code: **Entry Fee NT 2011 or Entry Fee IC 2011**

You don't have to pay any extra fee for participating in the additional Stillwater.

Transfer

A shuttle service will be provided for the people who book through the organization hotels'.

- The price of this service is only 10,00 euros per person (5 days). (It's a rate for all transfers during the championship, included airport-hotel-airport). The transfer rates have to be paid to the same deadline as the entry fees to the same account but with another code.

Account Number: 0065 1260 02 0001009894

Bank: BARCLAYS BANK

IBAN: ES21 65 1260 0200 0100 9894

BIC (SWIFT): BARCESMM

Code: **Transfer NT 2011 or Transfer IC 2011**

Please, let us know your arrival and departure details to arrange the transfer from and to the airport.



Training

The organizing committee offers possibilities for training in the competition pool and at the Main Beach as follows:

- National Teams: 14th September 2011

For training in the ocean there are also possibilities each day

Attachments

- Temporary Programs for National Teams and Interclubs
 - Participation Form for National Teams (EC Entry Form.XLS file)
 - Participation Form for Interclub Teams (EC Entry Form. XLS file)
- The "EC Entry Form.XLS file is also available in our web site www.fess.es)

Additional

With this we beg all the participating National Teams to bring with them their flags of the national federation and the Interclub Teams to bring with them their club flags.

Again we ask you to take care about the dates of the announcement, and we hope you will enroll for the competition. Soon you will get further information via Internet or email, if you are registered.

We are sure your stay in Alicante will be an unforgettable experience, because the hospitality of their people, the beauty of their beaches and mountains and the warmth of its weather.

Yours sincerely

Isabel García Sanz
PRESIDENT OF THE ROYAL SPANISH LIFESAVING FEDERATION



15-sep 10.00 hrs Team Managers Meeting NT / 12.00 hrs SERC NT / 19.00 hrs Opening ceremony

16-sep	17-sep	18-sep	19-sep
10.00 hrs heats 200 superlifesaver 50 manikin carry 4x25 manikin carry line throw 16.30 hrs finals 200 superlifesaver 50 manikin carry 4x25 manikin carry line throw	10.00 hrs heats 100 manikin tow with fins 100 medley 100 manikin carry with fins 4x50 medley relay 16.30 hrs finals 100 manikin tow with fins 100 medley 100 manikin carry with fins 4x50 medley relay	09.00 hrs heats Surf race Rescue tube rescue race Board race Ski race Board rescue race Finals	09.00 hrs heats Beach flags Oceanman/woman Ocean relay Finals Briefing IC Opening ceremony IC SERC IC Closing ceremony NT
20-sep	21-sep	22-sep	23-sep
09.00 hrs heats 200 superlifesaver 50 manikin carry 4x25 manikin carry relay line throw 16.30 hrs finals 200 superlifesaver 50 manikin carry 4x25 manikin carry relay line throw	09.00 hrs heats 100 manikin tow with fins 100 medley 100 manikin carry with fins 4x50 medley relay 16.30 hrs finals 100 manikin tow with fins 100 medley 100 manikin carry with fins 4x50 medley relay	09.00 hrs heats Surf race Rescue tube rescue race Board race Ski race Board rescue race Finals	09.00 hrs heats Beach flags Oceanman/woman Ocean relay Finals Closing ceremony IC